



**SOUTH COAST FAMILY
MEDICAL CENTER, INC.**

MEDICAL HISTORY FORM

Name: _____ Date of Birth: _____ Today's date: _____

Preferred local pharmacy name and city: _____

Mail order pharmacy name: _____

MEDICATIONS I do not take any medications

*Please include prescription, over-the-counter (OTC), birth control, vitamins, herbal supplements.

Medication name	Dose	Frequency (how many and how often)

ALLERGIES (drug, food, latex) and reaction I do not have any allergies

Allergy	Reaction

Allergy	Reaction

CHRONIC MEDICAL PROBLEMS/YEARS OF ONSET

- | | | |
|-----------------------------------------------------------|----------------------------------------------------|---------------------------------------|
| <input type="checkbox"/> Heart disease/heart attack _____ | <input type="checkbox"/> Asthma _____ | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> High blood pressure _____ | <input type="checkbox"/> Allergies/hay fever _____ | _____ |
| <input type="checkbox"/> High cholesterol _____ | <input type="checkbox"/> Vascular disease _____ | _____ |
| <input type="checkbox"/> Diabetes _____ | <input type="checkbox"/> Depression _____ | _____ |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Anxiety _____ | _____ |

PRIOR SURGERIES AND HOSPITALIZATIONS / YEAR

FAMILY HISTORY Unknown Adopted

Please check if any family member has had any of the following conditions:

Family member	Good health	Heart disease (age of onset)	High BP (age of onset)	Stroke (age of onset)	Cancer & type (age of onset)	Other illness (age of onset)
Father						
Mother						
Sibling						
Paternal GM						
Paternal GF						
Maternal GM						
Maternal GF						

FAMILY PRACTICE ■ HOME INJURIES ■ INDUSTRIAL INJURIES ■ MINOR ILLNESSES ■ PHYSICAL EXAMINATIONS

25500 RANCHO NIGUEL ROAD, #100 LAGUNA NIGUEL, CA 92677 (949) 643-0500

www.southcoastfamilymed.com



**SOUTH COAST FAMILY
MEDICAL CENTER, INC.**

MEDICAL HISTORY FORM (continued)

Name: _____ Date of Birth: _____ Today's date: _____

SOCIAL HISTORY

- Highest level of education: high school college graduate post-graduate Other: _____
- Occupation: _____
- Please describe your living situation: _____
- Tobacco use: Never Current Former Cigarettes/day: _____ Yrs used: _____ Yr quit: _____
- Alcohol use: Yes No Former Drinks/day: _____ Daily Social
- Exercise/activity: Yes No Type: _____ Days/wk: _____ Hours per week: _____
- Religious preference: _____
- Do you have an advanced directive? (legal documents that allow you to plan and make your own end-of-life wishes known in the event that you are unable to communicate.)
 None Advanced Health Care Directive Living Will

CONFIDENTIAL INFORMATION

Recreational drugs: No Yes Former Drug type/frequency: _____

Do you have concerns for your safety? No Yes: _____

Over the past 2 weeks often have you been bothered by any of the following problems?	Not at all	Several days	More than 1/2 the days	Nearly every day
1. Little interest or pleasure in doing things.	0	1	2	3
2. Feeling down, depressed or hopeless.	0	1	2	3

PREVENTATIVE MEDICINE

Please list other physicians/health care providers you see and the reason you see them.

Please list the last time you received the services below

- | | |
|----------------------------------------------------------------------------------------|-------------------------------------------|
| Health maintenance exam and year | Immunizations and year |
| -Mammogram: _____, normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | -Influenza (flu): _____ |
| -Pap: _____, normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | -TD/Tdap (tetanus, whooping cough): _____ |
| -Colonoscopy: _____, normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | -HPV (Gardasil): _____ |
| -Bone density: _____, normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | -Shingles (Zostavax): _____ |
| -Eye exam: _____, normal? <input type="checkbox"/> Yes <input type="checkbox"/> No | -Pneumonia (Pneumovax/Prevnar): _____ |

Reviewed by: _____ Date: ____/____/____

Provider's signature

Dr. Chris Davis, D.O. Dr. Lauren Davis, D.O.

Claire Dellegrotti, N.P.

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